

Shelters

If possible, please call ahead to make sure there is space.

- 1 In From the Cold Emergency Shelter** – 540 Montreal St. Open 24/7. Adult coed shelter
Phone: **613-542-6672 ext. 2.**
- 2 Kingston Youth Shelter** – 365 Nelson St. Open 24/7. Overnight shelter for youths aged 16-24. Drop-in services available. Phone: **613-549-4236.**
- 3 Lily's Place** – 333 Kingscourt Ave.
Open 24/7. Shelter for families with children.
Phone: **613-542-6672 ext. 3.**
- 4 Adelaide St. Centre** – 38 Cowdy St. Overnight, adult coed shelter. Drop-in services from 9 a.m. – 9 p.m. Saturdays, Sundays and statutory holidays.
Phone: **613-483-8580.**
- 5 Concession St. Centre** – 218 Concession St. Overnight adult coed drop-in and shelter, open 9 p.m. – 8:45 a.m. Phone: **613-542-6672 ext. 310.**

Drop-In Services

- 6 St. Mary's Drop-In Centre** – 260 Brock St. 1 – 4 p.m. Monday to Friday with services for coed adults.
Phone: **613-546-5521 ext. 3.**
- 7 Integrated Care Hub** – 661 Montreal St. Open 24/7. Drop-in services and support, including harm reduction supplies, meals, referral supports, adult coed overnight drop-in. Phone: **613-329-6417.**
- 8 Salvation Army Drop-In** – 342 Patrick St. Daytime services from 9 a.m. – 8:30 p.m. Monday to Friday. Closed noon – 1 p.m. Services for adults and youth.
Phone: **613-548-4411.**
- 9 One Roof Youth Drop-In Daytime Services** – 620 Princess St. A community hub where youth-serving agencies provide wraparound services for youth ages 16-24. 8:30 a.m. – 4:30 p.m. Monday to Friday.
Phone: **613-542-6672.**



Specialized Services

Dawn House – Specialized transitional housing for women. 805 Ridley St. Phone: **613-545-9640** to check availability.

Kingston Interval House – 24/7 Crisis Line, emergency shelter and support services for women and children leaving abusive situations. Phone: **613-546-1777**.

All locations have staff who can coordinate referrals to a variety of supports, including housing services and more.

Home Base Housing's Street Outreach Team

regularly checks on known individuals experiencing homelessness. If you are experiencing homelessness or are concerned about a person in need of help, please call **613-542-6672 ext. 130**.

If you or someone you know is in distress, please call the **Addiction and Mental Health - KFLA 24/7 Crisis Line: 613-544-4229** or **1-866-616-6005**. If it is an emergency, please call **911**.

This information has been updated as of **April 25, 2024**.



If you have questions or feedback, please email Homelessness@CityOfKingston.ca.